Top NLO MS Articles of 2014

by NEWLIFEOUTLOOK TEAM

The Four Types of MS

There are four different types of MS, which vary in terms of how severe symptoms are, how often the patient has flare ups and how the disease progresses.

Vertigo and MS

Vertigo is a common symptom of MS. Consider these tips for what to do during an vertigo episode to stay safe.

Benefits of Massage for MS

Have you considered massage for MS treatment? Massage can help increase your circulation and reduce pain.

Researchers Hunting for MS Clues

The severity, progression and long term prognosis of MS can be extremely unpredictable, but researchers are always learning more. Read up on the latest MS research news.

The MS Hug

The pain known as the MS hug is fairly common among multiple sclerosis sufferers, but the sensation can vary significantly, making it difficult to track and treat.

The Benefits of Owning a Pet

If you have MS, you may think having a pet is too difficult. But did you know there are many health benefits to having a pet? Here's five.

The Connection Between Vitamin D and MS

There is a connection between vitamin D and MS, research has shown. The further you live from the equator, the more likely you are to have the condition.

What Causes Itchy Skin in MS?

There are several explanations why MS causes itchy skin, and also a several things you can do to manage it.

MS vs. ALS: What's the Difference?

What's the difference between multiple sclerosis (MS) and amyotrophic lateral sclerosis (ALS)? They have similarities, but some key differences mean the prognosis and treatments are different.

Using Chemo for MS Treatment

Chemo for MS is a unique form of treatment because rather than masking the symptoms, it actually sends them into remission. When done properly, patients can see a dramatic different in their overall symptom occurrence.